

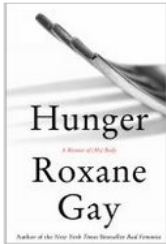
Food Stories

Hunger: A Memoir of (My) Body

by Roxane Gay

306.4 GAY

Gay digs into what it means to be comfortable in one's body.

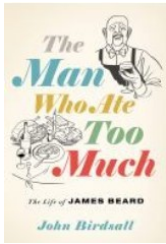


The Man Who Ate Too Much

by John Birdsall

641.5092 BIR

The biography of James Beard, and the modern culinary landscape he shaped.

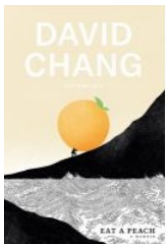


Eat a Peach

by David Chang

641.5092 CHA

Memoir from creator of Momofuku Noodle bar and Ugly Delicious-David Chang.

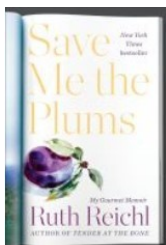


Save Me The Plums

by Ruth Reichl

641.5092 REI

The story of Reichl's journey as editor-in-chief of Gourmet magazine.



Vegetable Kingdom

by Bryant Terry

641.5636 TER

Food justice activist Bryant Terry breaks down the fundamentals of plant-based cooking.



History Fans

The Nineties

by Chuck Klosterman

306.0973 KLO

Essays about 1990s popular culture.

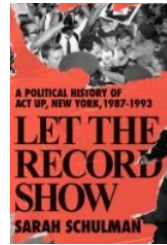


Let the Record Show

by Sarah Schulman

362.196 SCH

Based on more than two hundred interviews with ACT UP members and rich with lessons for today's activists.



Dress Codes

by Richard Ford

391.009 FOR

An exploration of the laws of fashion throughout history.

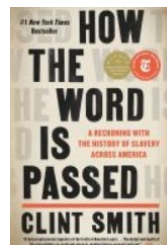


How The Word is Passed

by Clint Smith

973.04 SMI

A survey of landmarks that reckon, or fail to reckon, with the impacts of slavery in America. Smith illustrates how some of our stories are hidden in plain view.



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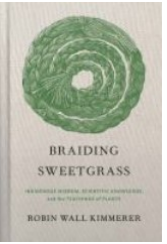
Science

Braiding Sweetgrass

by Robin Wall Kimmerer

305.8 KIM

Botanist Kimmerer encourages readers to consider the ways that our lives weave through the natural world and teach us.

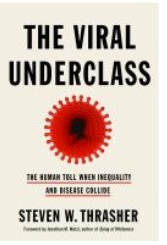


The Viral Underclass

by Steven Thrasher

362.1962 THR

Scholar and journalist shares how viruses expose the fault lines of society.

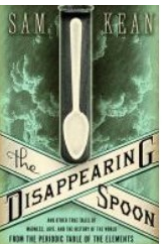


The Disappearing Spoon

by Sam Kean

546 KEA

The periodic table is a treasure trove of stories of passion, adventure, betrayal, and obsession.

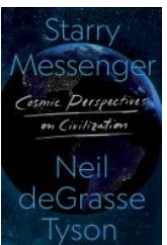


Starry Messenger: Cosmic Perspectives

by Neil deGrasse Tyson

901 TYS

An astrophysicist discusses the scientific palette that paints the world differently.



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booklist](http://oregonpubliclibrary.org/adults/booklist)

Something for Everyone

Bitter-Sweet

by Susan Cain
155.2 CAI

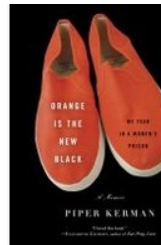
Discusses how a bittersweet state of mind can be a silent energy that aids us.



Orange is the New Black

by Piper Kerman
365.43 KER

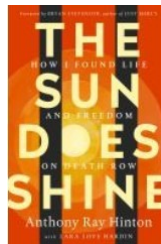
Kerman's story offers a rare look into the lives of women in prison.



The Sun Does Shine

by Anthony Ray Hinton
364.66 HIN

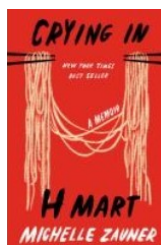
Hinton recounts his three-decade nightmare: awaiting execution for crimes he didn't commit.



Crying in H Mart

by Michelle Zauner
782.4126 ZAU

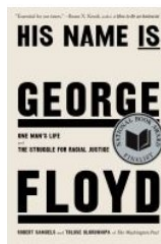
A story of family, food, grief, and endurance.



His Name Is George Floyd

by Robert Samuels
921 FLOYD

The story of George Floyd and the systems that impacted his life.



What My Bones Know

by Stephanie Foo
921 FOO

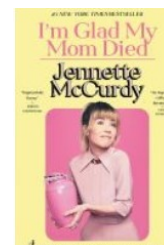
A narrative that reckons with one woman's ability to reclaim her agency.



I'm Glad My Mom Died

by Jennette McCurdy
921 MCCURDY

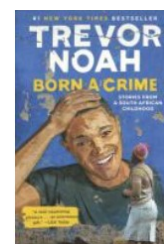
Former iCarly star recounts a harrowing childhood and nuanced depiction of grief and trauma.



Born a Crime

by Trevor Noah
921 NOAH

The compelling, inspiring, funny coming-of-age story, set during apartheid and after.



Odd Girl Out

by Laura E. James
921 JAMES

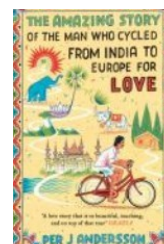
James has written an honest and revealing account of her life on the autism spectrum.



The Amazing Story of the Man Who Cycled from India to Europe for Love

by Per Andersson
921 KUMAR

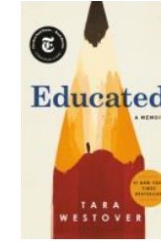
The story of one man's 7,000 mile bike journey to be with the woman he loved.



Educated

by Tara Westover
921 WESTOVER

The author's experiences as a child born to survivalists in the mountains of Idaho.



Adventure Stories

Spirit Run

by Noe Álvarez
796.42 ALV

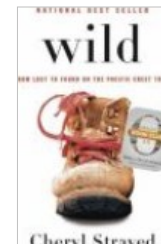
In this memoir, Álvarez forges a new relationship with the land, and with the act of running, carrying with him the knowledge of his parents' migration.



Wild

by Cheryl Strayed
813.6 STR

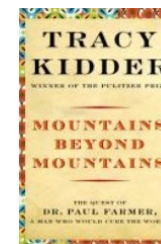
The story of a 1,100 mile solo hike that broke down a young woman reeling from catastrophe and built her back up again.



Mountains Beyond Mountains

by Tracy Kidder
921 FARMER

Traces the efforts of Dr. Paul Farmer to transform healthcare on a global scale.

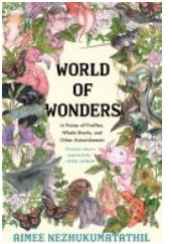


Fuzzy Animal Stories

World of Wonders

by Aimee Nezhukumatathil
590 NEZ

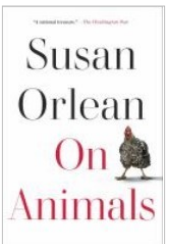
A collection of essays about the natural world, and the way its inhabitants can teach, support, and inspire us.



On Animals

by Susan Orlean
591.5 ORL

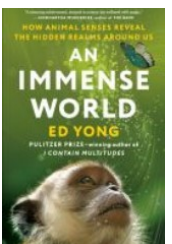
Orlean examines animal-human relationships through compelling tales.



An Immense World

by Ed Yong
591.5 YON

This book welcomes us into the world as it is truly perceived by other animals.



Marley & Me

by John Grogan
636.7 GOR

Follows the life story of an exuberant Labrador retriever who gets into perpetual trouble.

