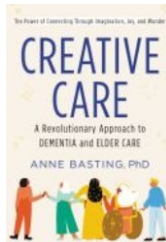


Creative Care

by Anne Davis Basting
616.8 BAS

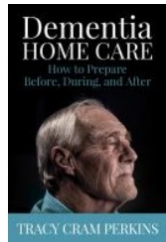
Applying creativity to treating and interacting with those suffering from dementia.



Dementia Home Care

by Tracy Cram Perkins
616.8 PER

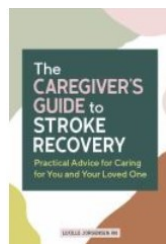
Examination of the role of care giver for Alzheimer's and Dementia patients that offers help with making informed decisions.



The Caregiver's Guide to Stroke Recovery

by Lucille Jorgensen
616.81 JOR

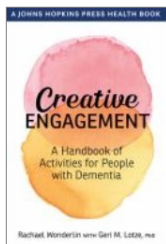
Includes support about topics such as medications and treatments, financial and legal decisions, and work-life balance.



Creative Engagement

by Rachael Wonderlin
616.83 WON

Each activity chapter begins with an overview of how to introduce and implement a specific activity and sections devoted to engagement.



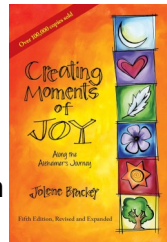
FIND MORE GREAT READS!

oregonpubliclibrary.org/adults/booklists

Creating Moments of Joy Along the Alzheimer's Journey

by Jolene Brackey
616.831 BRA

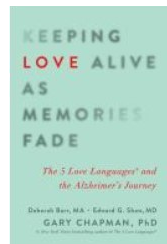
As caregivers to people with dementia, you cannot create wonderful days but we can create wonderful moments.



Keeping Love Alive as Memories Fade

by Gary D. Chapman
616.831 CHA

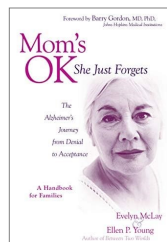
Correlate the five love languages with the development of the stages of Alzheimer's Disease.



Mom's OK She Just Forgets

by Evelyn McLay
616.831 MCL

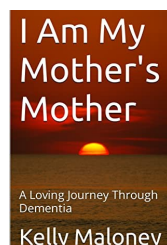
A very helpful handbook for families that suggests helpful behaviors, tools, and techniques for moving beyond denial.



I Am My Mother's Mother

by Kelly Maloney
921 MALONEY

A personal journey of a daughter and her mother from local author Kelly Maloney.



My Two Elaines

by Martin J. Schreiber
921 SCHREIBER

A memoir of Marty Schreiber, former governor of Wisconsin, and the journey of providing care for his wife.

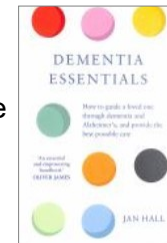


DEMENTIA & ALZHEIMER'S

Dementia Essentials

by Jan Hall
616.8 HAL

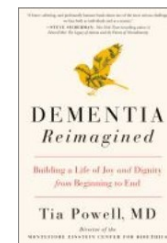
A guide to help you and the person affected navigate the complexities of dementia and Alzheimer's.



Dementia Reimagined

by Tia Powell
616.8 POW

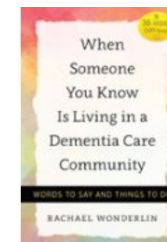
The cultural and medical history of dementia and Alzheimer's disease by a leading psychiatrist and bioethicist.



When Someone You Know is Living in a Dementia Care Community

by Rachael Wonderlin
616.83 WON

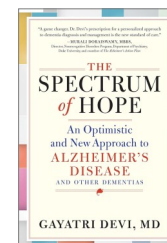
Wonderlin explains the different kinds of dementia and details the wide range of care communities available for people.



The Spectrum of Hope

by Gayatri Devi
616.831 DEV

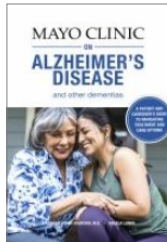
Written by a neurologist who's been specializing in dementia and memory loss, Dr. Devi shares the stories of her patients that offer equal parts practical wisdom and advice.



Mayo Clinic on Alzheimer's Disease and Other Dementias

by Johnathan Graff
616.831 GRA

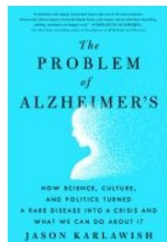
Comprehensive look at the typical symptoms associated with dementia, current findings regarding common causes of the disease, and gives tips.



The Problem of Alzheimer's

by Jason Karlawish
616.831 KAR

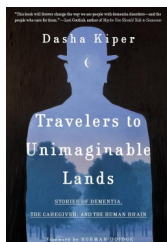
Traces Alzheimer's disease from its discovery and tells the story of the biomedical breakthroughs that may allow it to finally be prevented and treated by medicine.



Travelers to Unimaginable Lands

by Dasha Kiper
616.831 KIP

Compelling case histories meld science and storytelling to illuminate the complex relationship between the mind of someone with dementia and the mind of the person caring for them.



Dementia

by Susan Scarff
616.831 SCA

Practical advice and emotional support from the patient's diagnosis through final departure.



ONLINE RESOURCES

Alzheimer's Association

alz.org

Leading Alzheimer's care, support, and research.

ALZ Connected

alzconnected.org

Free, online community for everyone affected by Alzheimer's or another dementia.

Alzheimers.gov

alzheimers.gov

The federal government portal to information on Alzheimer's disease and related dementias care, research, and support.

BadgerLink

badgerlink.dpi.wi.gov

Online resources for Wisconsin residents including reliable health information.

Diverse Elders

diverseelders.org/about-us

This website works on connecting marginalized elderly folk and their caregivers with resources.

Forge

forge-forward.org/resources/aging

Forge specifically provides resources on affirming care for elderly Transgender folk and support for their caregivers.

LOCAL RESOURCES

Aging & Disability Resource Center of Dane County (ADRC)

daneadrc.org

Information about resources and support on all aspects of life related to aging or living with a disability.

Dementia Care Specialist at ADRC

Ellen Taylor

(608) 240-7400

Taylor.Ellen@countyofdane.com

Oregon Area Senior Center

oregonareaseniorcenterwisconsin.com

Provides support, services, and opportunities for older adults to remain as independent as long possible.

- Free case management services
- Adult Day Program three mornings each week

Call (608) 835-5801 for more information.

Oregon Public Library - Memory Kits

oregonpubliclibrary.org/collections/eureka/memory

Memory kits are designed to give a caregiver an opportunity to engage in conversation about life experiences.

Wisconsin's Family Caregiver Support Program

wisconsinicaregiver.org

Wisconsin's Family Caregiver Support Program provides information and assistance to help people better care for their loved ones – and themselves.



RESOURCES FOR ADULT CAREGIVERS

Oregon Public Library Book Recommendations



SUPPORTING THE CAREGIVERS OF DEMENTIA AND ALZHEIMER'S PATIENTS

OregonPublicLibrary.org

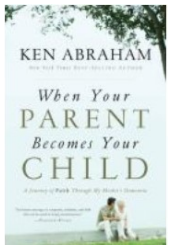
Updated 3/24

BOOKS FOR CAREGIVERS

When Your Parent Becomes Your Child

by Ken Abraham
362.196 ABR (book)
CD 362.196 ABR (audiobook)

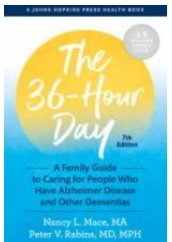
As he chronicles his own mother's degenerative condition, Ken Abraham educates while offering inspiration to help readers cope.



The 36-Hour Day

by Nancy L. Mace
362.1968 MAC

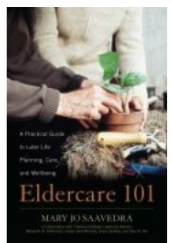
Helps family members and caregivers address challenges and simultaneously helps them cope with their own emotions and needs.



Eldercare 101

by Mary Jo Saavedra
362.63 SAA

A guide for families in need of help as they care for their aging loved ones.



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